2019 Orthopaedics ANNUAL REPORT

CONTENTS

01 WELCOME

02 FACULTY

06 Advanced Practice Providers

08 PATIENT CARE

- 09 Cartilage Repair
- **10** Trauma Patient Story
- 11 Foot and Ankle
- 12 Tumor Service Expansion
- **13** Clinical Informatics
- 14 System Building

16 RESIDENCY PROGRAM

- 18 Graduates and Current Residents
- 20 Resident Research Year
- 21 Presentations and Awards

22 RESEARCH

- 23 WVU Ortho in Outer Space
- 24 Resident Research Symposium
- **25** Active Grants
- 26 2019 Publications: Orthopaedic Surgery

28 THANK YOU





THE CHAIRMAN'S MELCONE

Sanford E. Emery MD, MBA

Professor and Chairman Department of Orthopaedics Director of Surgical Services West Virginia University

I can honestly say this year in review was very strong for the Department of Orthopaedics and WVU Medicine! Remember, however, we are reviewing 2019, pre COVID! Next year's review for 2020 may not be as rosy; however, I am fairly confident that we will catch up with our clinical work by year's end.

2019 for our orthopaedic department showed continued growth. Dr. John Taras joined us as an experienced, nationally known hand surgeon. Dr. Richard Harris also started in 2019 as our fourth podiatrist. Dr. Mary Louise Russell, a pediatric PM&R physician, joined us at the end of 2019 as we grow our Division of Physical Medicine and Rehabilitation. We continue to be busy clinically, particularly in total joint surgery, spine, and hand. Certainly, the trauma volume has continued to increase and forever will! Our residency training program remains robust. We had no citations from our latest ACGME survey and started to plant some of our graduating residents in WVU Medicine system hospitals and their respective communities. Our research program, anchored by four PhDs and two clinician scientists, has been extremely successful and continued to grow with significant external and federal funding. Construction began on a new pediatric hospital attached to J.W. Ruby Memorial Hospital, with a planned opening in 2021. A new outpatient clinic in Waynesburg, PA is up and running with several of our subspecialists seeing patients there. Currently, we see outpatients at five locations: University Town Centre (UTC), Physician Office Center (POC), Spine Center (attached to Healthworks), Fairmont Gateway Clinic, and the new Waynesburg Clinic.

This issue will again feature some highlights, updates, and data from 2019. As always, if you are in town, we would love to get together depending on the existing coronavirus rules and regulations!

My office is 304-293-1170 if you need anything. I hope you enjoy this edition of our annual report!

Danford E Emery MD

FACULTY.



Sanford E. Emery MD, MBA Chairman; Professor Orthopaedics, Surgery



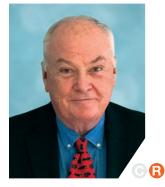
John C. France MD Chief, Spine Service; Professor and Vice Chairman. Director, Spine Fellowship



George Bal MD Chief, Sports Medicine Service; Associate Professor



Karen Barr MD Chief, Associate Professor, Physical Medicine and Rehabilitation



J. David Blaha MD Professor, Orthopaedics



Kathryn Bosia DPM Assistant Professor, Orthopaedics, Podiatry



Jonathan Boyd PhD Associate Professor, Orthopaedics



Michelle Bramer MD Assistant Professor, Orthopaedic Trauma



Rusty Cain DPM Assistant Professor, Orthopaedics, Podiatry



Shari Cui MD Assistant Professor, Orthopaedics, Spine



Scott Daffner MD Professor, Orthopaedics, Spine



Matthew Dietz MD Associate Professor, Orthopaedics, Adult Reconstruction

CLINICAL AND BESEARCH



Benjamin Frye MD Assistant Professor, Orthopaedics, Adult Reconstruction. Director, Adult Reconstruction Fellowship



+

Derik Geist MD Assistant Professor, Orthopaedics, Sports Medicine



Daniel Grant MD Assistant Professor, Pediatric Orthopaedics



Richard Harris DPM Assistant Professor, Orthopaedics, Podiatry



Natasha Harrison MD, MPP Assistant Professor Orthopaedics, Sports Medicine



Bethany Honce MD Assistant Professor, Physical Medicine and Rehabilitation



David F. Hubbard MD Chief, Orthopaedic Trauma Service; Professor, Orthopaedics



Professor Orthopaedics,

Human Performance - Physical Therapy, WVU Injury Control Research Center

CONGRATULATIONS!

Congratulations to Dr. Scott Daffner and Dr. Matthew Dietz who received promotions on July 1, 2019. Dr. Daffner was promoted from Associate Professor to Professor, and Dr. Dietz was promoted from Assistant Professor to Associate Professor with Tenure.

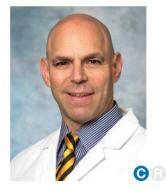


Cherie L. Kelly-Danhires DPM Assistant Professor, Orthopaedics, Podiatry



Kathryn Kasicky MD Assistant Professor, Orthopaedics, Internal Medicine

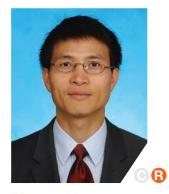
FACULTY.



Adam Klein MD Assistant Professor, Orthopaedics, Adult Reconstruction



Andréa Lese MD Assistant Professor, Orthopaedics, Hand and Upper Extremity



Bingyun Li PhD Professor, Orthopaedics, WVU Cancer Institute Research Programs



Brock Lindsey MD

Chief, Adult Reconstruction; Musculoskeletal Oncology, Assistant Professor, Orthopaedics; Director, Orthopaedic Research Laboratory



John P. Lubicky MD Chief, Pediatric Orthopaedics; Professor, Orthopaedics



David Lynch MD Assistant Professor, Physical Medicine and Rehabilitation



E. Barry McDonough MD Associate Professor, Orthopaedics, Sports Medicine



Benjamin Moorehead MD Assistant Professor, Orthopaedics, Sports Medicine



T. Ryan Murphy MD Assistant Professor, Orthopaedics, Adult Reconstruction



Jami Pincavitch MD Assistant Professor, Orthopaedics, Internal Medicine



Ming Pei MD, PhD Professor, Orthopaedics; Associate Professor, Human Performance -Exercise Physiology; WVU Cancer Institute Research Programs



B. Joseph Prud'homme MD Chief, Hand and Upper Extremity; Associate Professor, Orthopaedics

CLINICAL AND RESEARCH

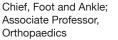


Mary Louise Russell MD Assistant Professor, Physical Medicine and Rehabilitation



+

Robert Santrock MD





Shafic Sraj MD Assistant Professor, Orthopaedics, Hand and Upper Extremity



David Tager MD Assistant Professor, Pediatric Orthopaedics



John Taras MD Professor, Orthopaedics, Hand and Upper Extremity



Colleen Watkins MD Associate Professor, Orthopaedics, Rheumatology/ Metabolic Bone



David Waxman MD Associate Professor, Orthopaedics, Adult Reconstruction

. WELCOME NEW FACULTY



Stephanie Ferimer MD Assistant Professor, Physical Medicine and Rehabilitation



Justin Lockrem MD Assistant Professor, Orthopaedics, Sports Medicine



N.M. Nuala Crotty MB BCh BAO

Assistant Professor, Physical Medicine and Rehabilitation

• FACULTY & STAFF ADVANCED PRACTICE PROVIDERS



In addition to our many faculty and residents, the WVU Department of Orthopaedics employed the services of 22 Advanced Practice Providers (APPs) in 2019.

Our APPs included 20 Physician Assistants and 2 Nurse Practitioners. We also have an additional two Nurse Practitioners and three Physician Assistants who are expected to start throughout the summer in 2020.

As our department keeps expanding, the role of our APPs has continued to evolve to help meet the changing needs of orthopaedic patient care. These APPs play a vital role in our clinic and operating room efficiencies. Their responsibilities include, but are not limited to, evaluating and treating patients in clinic, assisting with surgeries and clinical procedures, pre-operative examinations, patient communication, triage, follow-up, and data collection for ongoing research projects. Our APPs are involved in every subspecialty within our department as well as our Orthopaedic Medical Optimization Program (OMOP) and our inpatient service. In addition, several of our APPs participate in our satellite and outreach clinics across West Virginia and southwestern Pennsylvania. These providers travel with faculty to clinic locations in Fairmont, Parkersburg, Martinsburg, Wheeling, Summersville, and Waynesburg, PA. In collaboration with our faculty providers, our APPs continue to work diligently to provide high quality orthopaedic care to all of our patients at WVU Medicine.

ADULT RECONSTRUCTION

Alicia Cooper, PA-C Kelsey Laughery, PA-C Kristianna Ricchio, PA-C Katie Seifried, PA-C Stacy Skidmore, PA-C

ATHLETICS

Travis Randolph, PA-C

FOOT & ANKLE

Jessica Rhodes, PA-C

HAND & UPPER EXTREMITY

Colleen Allison, APRN Kyria Gaydosh, PA-C Jon Kline, PA-C Nikolas Tasser, PA-C

INPATIENT

Laura Dent, PA-C Thomas Gocke, PA-C*

METABOLIC BONE DISEASE

Ashley Wilson, APRN

MUSCULOSKELETAL ONCOLOGY

Morgan Neal, PA-C* Stacy Skidmore, PA-C

ORTHO MEDICAL OPTIMIZATION PROGRAM

Casey Mozingo, APRN*

PEDIATRIC ORTHOPAEDICS

Holly Bonnell, PA-C Brittney Dzugan, PA-C

PHYSICAL MEDICINE AND REHABILITATION

Gyl Cendana, PA-C Meredith Liddle, PA-C

SPINE

Ronald Bewick, PA-C Morgan Neal, PA-C* Alex Stahl, PA-C* Josee Zydonik, PA-C

SPORTS MEDICINE

Kristopher Smith, PA-C Amy Stubblefield, PA-C

TRAUMA

Laura Stravrakis, PA-C

* Incoming 2020

404,237 OUTPATIENT VISITS

2014 - 2019

36,566 SURGICAL CASES 2014 - 2019

779

018'5

6,78

6.451

2019

15'346

2012

Orthopaedic Clinics

83,779

We have three conveniently located clinics in Morgantown, Fairmont, and now Waynesburg, PA. The Morgantown location is in the Physician Office Center, attached to J.W. Ruby Memorial Hospital. The Fairmont location is housed in our WVU Medicine Outpatient Center, directly across from the I-79 Downtown Fairmont exit. The recently opened Waynesburg clinic, which features multiple specialties, is located off the I-79 Waynesburg exit.

University Town Centre

University Town Centre is the home for several of our Orthopaedic centers, including the Center for Joint Replacement, the WVU Sports Medicine Center, and the Orthopaedic Hand Clinic. WVU Medicine University Town Centre is conveniently located in the University Town Centre development just off I-79 in Granville. This spacious center offers patients access to their favorite primary care providers.

Center for Joint Replacement at WVU Medicine

The Center for Joint Replacement at WVU Medicine offers patients a comprehensive planned course of treatment. We believe our patients play a key role in ensuring a successful recovery. Our goal is to involve our patients in their treatment through each step of the program.

WVU Medicine Sports Medicine Center

126'9

WVU's Sports Medicine Center cares for athletes of all levels. We work to get all patients back to their highest level of activity possible. Our physicians manage sports-related injuries and medical conditions that include muscle and joint pain, sprains, and concussions. The WVU Sports Medicine Center has access to specialists from multiple disciplines, including Orthopaedics and experts from the WVU Spine Center. Individuals with sports injuries have same-day access to our services, which are available around the clock, seven days a week.

WVU Spine Center

The WVU Spine Center brings specialists together with a multidisciplinary team approach to provide our patients with comprehensive spinal care. We use a full range of treatment options to ensure that patients with spine problems get the treatment they need quickly, efficiently, and easily. The Spine Center combines the expertise of WVU neurologists, orthopaedic specialists, neurosurgeons, pain management physicians, and rehabilitation services to target every patient's particular problem and provide optimal treatment.

CARTILAGE REPAIR

Orthopaedic surgeons at WVU Medicine are now offering a procedure for the treatment of full thickness cartilage defects of the knee.

Matrix-impregnated autologous chondrocyte implantation, known as MACI, provides surgeons with a technically improved way to rebuild damaged and missing cartilage. WVU Medicine J.W. Ruby Memorial Hospital is the only hospital in the state to offer this procedure.

"With this procedure, we are able to repair defects to the cartilage of the knee before they progress and develop into osteoarthritis, which is more difficult to treat," Barry McDonough, MD, WVU Medicine orthopaedic surgeon, said.

In the two-stage procedure, surgeons perform a biopsy of healthy cartilage tissue from a non-weight bearing area of the knee to be sent to the Vericel lab, where chondrocytes, the building blocks of cartilage, are extracted and grown on a collagen matrix. The prepared matrix is then sent to the surgeon, who implants it into the knee to completely fill the defect.

"In the past, procedures to repair damaged cartilage were lengthy and technically difficult," Dr. McDonough said. "Surgeons were required to stitch a matrix in place and inject the cartilage-forming chondrocytes under it, which was time consuming. This procedure, however, uses improved tools that simplify the process and eliminate the need for stitches to hold the implant in place."

This procedure is appropriate for patients ages 18 to 55 who have cartilage defects due to trauma and is not available as a treatment for arthritic knee pain.

Patients can expect to return to full weight bearing six-to-eight weeks after the procedure and may require a recovery period of nine months or longer before returning to high impact athletic activity.



"In the past, procedures to repair damaged cartilage were lengthy and technically difficult. This procedure uses improved tools that simplify the process and eliminate the need for stitches to hold the implant in place."

E. Barry McDonough, MD Associate Professor, Orthopaedics, Sports Medicine

t



On September 1, 2019, Sherri Sisson was out enjoying a motorcycle ride when her life suddenly changed. She was involved in a severe accident in which she sustained multiple life and limb threatening injuries. After being emergently transferred to J.W. Ruby Memorial Hospital, Sherri was taken directly to the operating room. Through the swift and skilled work of the general surgery trauma team and the orthopaedic trauma team, she was cared for successfully and taken to the intensive care unit to stabilize. Over the next few days, Sherri had multiple operative procedures by both general surgery and orthopaedic surgery.

Sherri's injuries included a splenic laceration requiring a splenectomy, pneumothorax, rib fractures, intracranial hemorrhage, and multiple orthopaedic injuries. More specifically, she had an open left forearm fracture of both bones, a severely comminuted open left distal femur Unfortunately, Sherri's hospital course and postoperative rehabilitation were significantly more difficult due to a stroke she suffered



during her recovery period. However, her "no quit" attitude allowed her to focus intensely on her rehabilitation. And, although her course was complicated by an infection in her leg, she always remained positive and upbeat. A supportive network of family and friends who always had her best interests at heart helped.

It was a pleasure for the WVU orthopaedic trauma

fracture with knee arthrotomy, and multiple traumatic wounds. Dr. David Hubbard and several orthopaedic residents were involved in her care on the night she presented at WVU. He was able to irrigate and debride her open fractures, internally fix her forearm, and temporarily stabilize her femur and knee. A few days later. Dr. Michelle Bramer and the orthopaedic trauma team successfully debrided and treated her femur fracture with internal fixation.



team to care for Sherri. We are extremely proud of the progress she has made in her recovery and happy to see she is doing so well. At her last visit, only six months from her injury, she had near full use of her arm and leg and was able to walk without pain. As always, she had a smile on her face and the most determined attitude to continue to make gains in her recovery.

FOOT AND ANKLE

A "REVOLUTION" IN THE TREATMENT OF BUNIONS

Most people think that bunions are caused by an ill-fitted shoe; however, this isn't the case. Bunions are a deviation of the great toe caused by an unstable joint in the midfoot. It is an inherited condition that affects up to approximately 30% of the U.S. population. Unfortunately, there are no effective conservative treatments for bunions, and surgeries have had a poor reputation for success as well. However, a "revolution" in bunion surgery is underway... and it began right here at West Virginia University.

WVU Medicine now offers patients a new bunion procedure with a much improved recovery time and better outcomes compared to previous bunion surgeries. Lapiplasty® is an outpatient surgery that three-dimensionally addresses the pathology in the midfoot that leads to the bunion deformity. Patients are back on their feet the same day, allowing them to walk in a boot immediately. WVU Medicine orthopaedic surgeon Robert Santrock, MD, helped develop this revolutionary new technique.

Traditional bunion surgery is a 'cut and shift' approach that addresses the bunion's symptoms, but not the root cause. The bunion is significantly more likely to return to some degree following traditional surgery up to 30%-70% of the time!

Developed by four surgeons across the United States, including Dr. Santrock, the Lapiplasty® System is a patented technique, tool set, and specially designed instrumentation. This system is used to rotate the bone back into its normal anatomical position, thereby straightening the toe and removing the bump at the same time.

This procedure precisely corrects the entire bone, addresses the root cause of the bunion, and is a



3D solution for a 3D problem. The recovery time for this procedure is strikingly better than previous surgeries for bunions. Where traditional surgery requires the patient to be non-weight bearing for 3 months post-procedure, patients who undergo Lapiplasty® can bear weight on the treated foot (in a boot) immediately following the procedure.

As of today, more than 15,000 Lapiplasty® cases have been performed around the country. Dr. Santrock and his surgical colleagues have trained over 2,000 surgeons on the technique, and have more than ten peer-reviewed publications. Their goal is that this modern understanding of the 3D aspects of the hallux valgus deformity and its pathological contributions from the abnormal midfoot joint may "revolutionize" patient and surgeon options for sustained corrections and cosmetically pleasing results.

Lapiplasty® is only available through trained specialists. If you or a patient has tried other therapies like wide shoes but are still experiencing pain – talk with your healthcare provider about a referral for Lapiplasty®. To make an appointment, call 855-WVU-CARE.

PATIENT CARE MUSCULOSKELETAL ONCOLOGY

TUMOR SERVICE EXPANSION

Clinical Growth and Changes

The Division of Musculoskeletal Oncology continues to experience growth. In 2019, our tumor service handled over 350 new referrals for bone and soft tissue tumors, with the expectation that we will exceed those numbers in 2020. To accommodate this increase, our service hired another advanced practice provider, Morgan Neal, PA-C, who will start in July 2020. Her workload will be divided between our spine and tumor services in clinical and operating needs. In addition, to make delivering patient care more efficient, our seasoned RN, Jennifer Burns, handles new tumor referrals. She triages urgent referrals directly with Dr. Brock Lindsev. This process has improved both patient and referring provider satisfaction. Our PA-C, Stacy Skidmore, has handled the load of the orthopaedic oncology service along with Dr. Lindsey, and continued to provide tremendous care for our patients.

Very recently, we said goodbye to our one and only, Ruth Davis - our surgical scheduler and administrative assistant for the tumor team since its inception nine years ago. She retired to enjoy spending time with her new grandchild and is dearly missed by patients, providers, and staff. We continue to have a very active multidisciplinary tumor board headed by Sandra Malone of the WVU Cancer Institute. Members of this board include providers from all specialties: Dr. Patrick Tomboc (Pediatric Hematology-Oncology), Dr. Miklos Auber and Dr. Maria Hafez (Adult Hematology-Oncology), Dr. Todd Tenenholz (Radiation Oncology), Dr. Patrick Bacaj (Pathology), as well as orthopaedic oncology providers. We also have a multi-institutional sarcoma board that meets several times a month with providers from Marshall University, the Allegheny Health Network, and Louisville, KY. In addition, our division is in the process of recruiting another physician scientist and beginning a national search.

> Right: Brock Lindsey, MD with physician assistants Stacy Skidmore (L) and Morgan Neal (R)

Translational Research Program

Our division has been intimately involved in translational research for years. We recently gained funding through an external grant from the Musculoskeletal Tumor Society and Sarcoma Strong Foundation. Through our Grateful Patient Program, we received a wonderful gift of \$50,000 from a patient whom we cannot thank enough for their support. We currently have several other grants pending. Our primary research focuses are immunotherapy for sarcoma and immunodiagnostics for treatment. We have made large strides this year in our study endeavors and we will be presenting our work at the Musculoskeletal Tumor Society meeting in Portland, Oregon in February 2020 and locally at the Pittsburgh Sarcoma Research Collaborative (PSaRC). Our tumor team has become involved as a charity group with Pittsburgh Cure Sarcoma to help raise awareness and funds for research support in sarcoma.

Additionally, we have strengthened our platform for a nanotechnology delivery system for immune therapy and continued to work on the immune diagnostics components. This work is being done simultaneously while creating several partnerships with other institutions such as the University of Virginia, the University of Pittsburgh Medical Center, and more recently, Astrolabe Diagnostics in New Jersey. In collaboration with West Virginia University, we have exciting news that our research program in the Division of Musculoskeletal Oncology will be creating a spinoff company in this area of research that will be based here in West Virginia. These are exciting times for our program!



CLINICAL INFORMATICS **•**

Moore's Law states that the number of transistors in a circuit doubles approximately every two years, a concept that was generated through observation and projection. It has been consistent over half a century. As such, the amount of data and information generated is logarithmically expanding. To address the growing need for management of healthcare data, the role of clinical informatics has been expanding in the WVU Department of Orthopaedics.

Clinical informatics is defined as the management of healthcare data and information through technology. More realistically, it is applying information to generate knowledge within a domain. Here in our department, there is a strong emphasis on data measurement, collection, and analysis. In conjunction with the Business Intelligence team, a detailed analysis of quality measures and outcomes is generated. This information allows clinicians the ability to focus their time and energy on the most important issues. The knowledge obtained by these insights has become valuable in research, quality improvement, and patient outcomes.

As seen with COVID-19, the need to deploy rapid technology for patient care is a critical part of the future healthcare landscape. Telemedicine has been implemented and integrated across our department for continued patient care and monitoring. Our Division of Pediatric Orthopaedics was at the forefront utilizing this technology before the pandemic and was well positioned to help support their patients.

In addition to telemedicine, there are multiple informatics projects currently in development. Our Center for Joint Replacement has been working to implement perioperative education and guidance through a mobile health platform. Additionally, the Division of Spine is currently utilizing clinical informatics and analytics through a multi-departmental dashboard and data repository. Our Patient Reported Outcome Measures (PROMs) have been integrated from the data warehouse into the electronic health record for improved access by our clinicians. The Orthopaedic Medical Optimization Program (OMOP) has utilized clinical informatics to look at process re-engineering and workflow analysis. As such, there have been multiple changes to workflow to improve efficiencies. Moving forward, there will be opportunities for artificial intelligence, machine learning, and predictive analysis to support the ongoing efforts of our clinical staff for patient care.

INFORMATION TECHNOLOGY HEALTH SYSTEM CLINICAL CARE

> CLINICAL INFORMATICS

With data being processed at record amounts, the WVU Department of Orthopaedics is well positioned to handle the challenges and opportunities that are generated from such vast amounts of information through progressive implementation of clinical informatics within the department.

PATIENT CARE SYSTEM BUILDING

WVU Medicine has greatly expanded in the last ten years and created a true health system. Currently there are twelve hospitals in predominately north central West Virginia and southeast Pennsylvania that are either owned or affiliated with WVU Medicine. There are six other hospitals across West Virginia, Pennsylvania, and Ohio that are under management agreements. Some of the larger communities include Parkersburg, Clarksburg, Martinsburg, Wheeling, Summersville, Uniontown, PA, and Oakland, MD.

The Department of Orthopaedics has started to play a role in helping to develop the orthopaedic service line in some of these communities. Camden Clark Memorial Hospital in Parkersburg has been our most prominent success story. Dr. Jeff McElroy and Dr. George Herriott, who is an alumni of our orthopaedic residency, have had a long-standing orthopaedic practice in the Parkersburg and Marietta, OH area for many years. In 2019, they joined our WVU Health System. We arranged to have some of our senior residents visit a few of our satellite hospitals ("roadtrips!") to get a feel for these communities, their hospitals, and their orthopaedic needs. Lo and behold, two of our senior residents, Dr. Lunden Ryan and Dr. Alex Conti signed on to join Drs. McElroy and Herriott at Camden Clark. This created a critical mass for an orthopaedic group that is already beginning to flourish and serve the people of that community.

One of our goals as a residency training program is to help fill the need for orthopedic surgeons in the state of West Virginia, particularly at our satellite facilities. This ambition has the benefit of helping keep patients local, raising the quality of orthopaedic care in the state, and maintaining a relationship with our former residents for tertiary care referrals if needed. We are beginning to work with other hospitals to help with recruitment and establishment of best practices for their orthopaedic service lines, which is a win-win for our academic group and the WVU Health System.

Keep an eye out for further news of growth in the near future!



University Town Centre - Outpatient clinic location

WVU Orthopaedic Clinic Locations

MORGANTOWN Physician Office Center

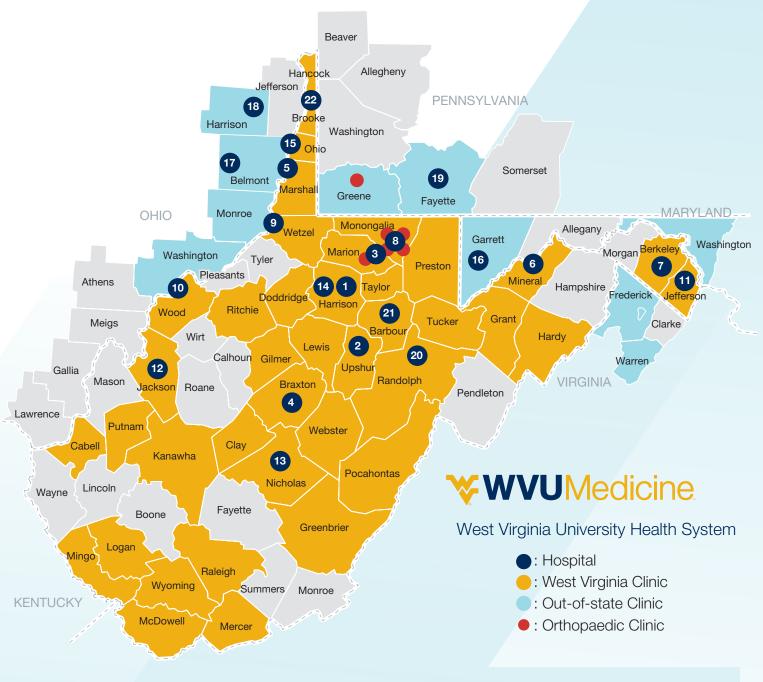
MORGANTOWN WVU Spine Center

MORGANTOWN WVU Medicine Sports Medicine Center

MORGANTOWN Center for Joint Replacement at WVU Medicine

FAIRMONT WVU Medicine Outpatient Center: Fairmont

WAYNESBURG WVU Medicine Outpatient Center: Waynesburg



Member System Hospitals

- 1. BRIDGEPORT United Hospital Center
- 2. BUCKHANNON St. Joseph's Hospital
- 3. FAIRMONT Fairmont Medical Center A CAMPUS OF J.W. RUBY MEMORIAL HOSPITAL
- 4. GASSAWAY Braxton County Memorial Hospital
- 5. GLEN DALE Reynolds Memorial Hospital
- 6. KEYSER Potomac Valley Hospital

- 7. MARTINSBURG Berkeley Medical Center
- 8. MORGANTOWN J.W. Ruby Memorial Hospital and WVU Medicine Children's
- 9. NEW MARTINSVILLE Wetzel County Hospital
- 10. PARKERSBURG Camden Clark Medical Center
- 11. RANSON Jefferson Medical Center
- 12. RIPLEY Jackson General Hospital
- **13. SUMMERSVILLE** Summersville Regional Medical Center

- Managed Hospitals
 - 14. CLARKSBURG Highland-Clarksburg Hospital
 - 15. WHEELING Wheeling Hospital
 - 16. OAKLAND, MARYLAND Garrett Regional Medical Center
 - 17. BARNESVILLE, OHIO Barnesville Hospital
 - **18. CADIZ, OHIO** Harrison Community Hospital
 - 19. UNIONTOWN, PENNSYLVANIA Uniontown Hospital

Affiliate Hospitals

- 20. ELKINS Davis Health System
- 21. PHILIPPI Broaddus Hospital
- 22. WEIRTON Weirton Medical Center





The WVU Orthopaedic Surgery Residency had another successful academic year in 2019-2020. The residents continued to receive excellent training in each of the orthopaedic subspecialties at J.W. Ruby Memorial Hospital.

We welcomed four new interns this year, and their training started with an orthopaedic skills month that emphasized fundamentals in splinting, casting, x-ray interpretation, orthopaedic emergencies, and basic surgical skills. Residents continued to enjoy multiple educational opportunities at our top-notch facilities including our cadaver dissection lab and arthroscopy lab. In addition to education and training, the residents were productive with research efforts, presenting their work at multiple national and regional conferences. Additionally, the residents continue to mentor other medical professionals through casting and splinting workshops, medical student lectures, and anatomy labs.

Residents enjoyed multiple faculty-sponsored gatherings including various golf and dinner outings with Dr. Taras, Dr. Emery's "Intern

Welcome Party," and football tailgate parties hosted by Dr. Santrock. The residency program at WVU continues to be family-friendly, with one engagement and two families welcoming babies this year.

The chief resident class all attained competitive fellowships this year – Phillip Bostian (Indiana University – Adult Reconstruction), Mark Plumby (University of Cincinnati – Sports), and Richard Wardell (University of New Mexico - Sports). We are proud of our chief class and wish them the best of luck as they begin fellowship and start their practice in orthopaedic surgery.

As we say good-bye to the outgoing chiefs, we welcome a new intern class. The class of 2025-2026 includes Edwin Chaharbakhshi (Loyola University), Michael Quinet (Medical College of Georgia at Augusta University), Kenneth Sabacinski (Florida Atlantic University), and Nathaniel Williams (Pennsylvania State University).

The 2019-2020 academic year has been a successful one for the WVU Department of Orthopaedics. As WVU continues to train competent and conscientious orthopaedic surgeons, we look forward to what the 2020-2021 academic year has in store.

RESIDENCY PROGRAM



Phillip Bostian MD SOM: East Carolina University

Fellowship: Indiana University, Adult Reconstruction



Mark Plumby MD SOM: West Virginia University

Fellowship: Beacon Orthopedics and Sports Medicine, Cincinnati, OH



SOM: University of Central Florida

Fellowship: University of New Mexico, Sports Medicine



Alex Conti MD SOM: West Virginia University

Fellowship: Swedish Medical Center Trauma Fellowship



Brian Grisez MD SOM: West Virginia University

Fellowship: Holy Cross Orthopaedic Institute Adult **Reconstruction Fellowship**



Danny Liechti MD SOM: University of Illinois, Peoria

Fellowship: Fairview/ Minneapolis Orthopaedic Sports Medicine Institute



Lunden Ryan MD SOM: West Virginia University

Fellowship: University of Kentucky Orthopaedic Trauma Fellowship



Daniel Shubert MD

Fellowship: University of Missouri Orthopaedic



Will Brooks MD SOM: East Tennessee State University



Julie Glener MD SOM: University of Central Florida



Jason Kinney MD SOM: Augusta University



Justin Ray MD SOM: East Carolina University



GRADUATES AND CURRENT RESIDENTS



Justin Vaida MD S0M: University of Massachusetts



Patrick Luchini MD SOM: West Virginia University



Eric Neumann MD SOM: West Virginia University



Joshua Reside MD SOM: University of Florida



Taylor Shackleford MD SOM: University of Kentucky



Keenan Atwood MD SOM: Medical College of Wisconsin



Michael Booth MD SOM: SUNY Upstate Medical University



Michael Niemann MD SOM: West Virginia University



Benjamin Giertych MD SOM: University of Wisconsin



Michael Quinet MD SOM: Medical College of Georgia at Augusta University



Kenneth Sabacinski MD SOM: Charles E. Schmidt College of Medicine at Florida Atlantic University



Nathaniel Williams MD SOM: Pennsylvania State University College of Medicine



Edwin Chaharbakhshi MD SOM: Loyola University Chicago Stritch School of Medicine

RESIDENCY PROGRAM RESIDENT RESEARCH YEAR PROVIDES DIVERSE, HANDS-ON OPPORTUNITIES

At West Virginia University, the Accreditation Council for Graduate Medical Education offers an accredited orthopaedic surgery research position each year. This position is a six-year track, compared to the traditional five-year categorical track. It is completed between the residents' first and second years.

During this time, residents have no hospital-based duties or call responsibilities, which provides them with the autonomy to establish and conduct their own research projects. They also have the opportunity to participate in ongoing studies alongside several faculty research members. The residents are expected to prepare grant submissions, oversee and manage studies, present poster and podium presentations, and submit peer-reviewed manuscripts.

Brock Lindsey, MD, (Chief, Adult Reconstruction and Musculoskeletal Oncology), is the Director of the WVU Department of Orthopaedics Research Laboratory and advises lab residents during their research year. He, along with Matthew Dietz, MD, (Adult Reconstruction), Ming Pei, MD, PhD, Bingyun Li, PhD, and Jonathan Boyd, PhD, conduct the majority of the Department's basic science research with main focuses on

- nanotechnology,
- immunotherapy,
- tissue regeneration,
- oncology,
- · infection (biofilm), and
- toxicology.

The Department also has an active clinical research focus with ongoing projects in every orthopaedic subspecialty.

The WVU Orthopaedic Research Laboratory is located on the fifth floor of the WVU Health Sciences Center adjacent to the main hospital campus. The 4,000-square-foot lab space contains state-of-the-art amenities capable of conducting basic science research with emphasis on tissue engineering, nanotechnology, and cadaver and pre-clinical model studies.

The Research Resident also participates in daily resident education conferences, performs monthly cadaver dissection for anatomy conference, and occasionally provides lectures to students in the School of Medicine. The opportunities and experiences generated from this year are meant to serve as a foundation for a career as a clinician scientist.

INTERESTED IN LEARNING MORE?

Please contact:

Taylor Shackleford MD

at Taylor.Shackleford@hsc.wvu.edu CURRENT RESEARCH RESIDENT

– OR –

Brock Lindsey MD

2018-2019 PRESENTATIONS AND AWARDS

Justin Ray MD 2022

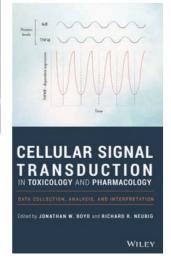
- Journal publication: Dietz MJ, Ray JJ, Witten BG, Frye BM, Klein AE, and Lindsey BA. Portable Compression Devices in Total Joint Arthroplasty: Poor Outpatient Compliance. *Arthroplasty Today*, 6(1), 118-122 (Mar 2020). doi: 10.1016/j. artd.2019.12.004
- Journal publication: Ray JJ, Koay J, Dayton PD, Hatch DJ, Smith WB, and Santrock RD. Multicenter Early Radiographic Outcomes of Triplanar Tarsometatarsal Arthrodesis with Early Weightbearing. *Foot & Ankle International*, 40(8), 955-960 (Aug 2019). doi: 10.1177/1071100719847700
- Journal publication: Ray JJ, Friedmann AJ, Hanselman AE, Dayton PD, Hatch DJ, Smith WB, and Santrock RD. Hallux Valgus: Topical Review. *Foot & Ankle International*, 4(2), 1-12 (May 2019). doi: 10.1177/2473011419838500
- Presentation: Vaida J, Conti AD, Ray JJ, Bravin DA, and Bramer MA. "Evaluating the Efficacy of Vancomycin Powder in Treating Open Fractures."
- Presented at: Orthopaedic Trauma Association Annual Meeting. (Denver, CO, 2019).
- Presentation: Ray JJ, Koay J, Dayton PD, Hatch DJ, Smith WB, and Santrock RD. "Multicenter Early Radiographic Outcomes of Triplanar Tarsometatarsal (TMT) Arthrodesis with Early Weightbearing."
- Presented at: The 8th Annual Extremity Summit at Greenbrier Medical Institute (White Sulphur Springs, WV, 2019).
- Poster: Ray JJ, Lubicky JP, Lancaster J, and Grant DR. "Pain Medication Disposal Rates after Pediatric Surgery."
- Presented at: The American Orthopaedic Association Annual Leadership Meeting. (San Diego, CA, 2019).
- Book chapter: Ray JJ, Conti AD, and Santrock RD. "The Diabetic Foot." *Essential Orthopaedics, 2nd edition*. Elsevier, 2019. 759-761.
- Book chapter: Conti AD, Ray JJ, and Santrock RD. "Hallux Valgus." *Essential Orthopaedics, 2nd edition*. Elsevier, 2019. 737-739.

Daniel Shubert MD 2020

- Journal publication: Shubert D, McDonough E. Bilateral medial and lateral patellofemoral ligament reconstruction in a patient with hypermobility type Ehlers-Danlos syndrome. *JBJS Case Connector:* July-September 2019; Volume 9, Issue 3, p e0359. doi: 10.2106/JBJS.CC.18.00359.
- Journal publication: Aman ZS, Peebles LA, Shubert D, Golijanin P, Dekker TJ, Provencher MT. Coracohumeral ligament reconstruction for patients with multidirectional shoulder instability. *Arthrosc Tech:* 2019 May 16;8(6):e561-e565. doi: 10.1016/j.eats.2019.01.018.
- Presentation: Shubert D, Shubert S. "Patient reported outcomes after shoulder surgery in a community orthopaedic practice: a 5-year Quality Improvement project using the QuickDASH questionnaire."
- Presented at: 50th Annual Meeting of the Eastern Orthopedic Association (Palm Beach, FL, 2019).

Welcome to the West Virginia University Orthopaedic Research Laboratory. In the lab, you will find research and educational opportunities in the areas of tissue/cartilage engineering and adult stem cell research, nanotechnology/nanomedicine, toxicology, adult reconstruction, spine, sports medicine, trauma and hand and upper extremity. The laboratory conducts in vivo and in vitro research in a modern environment. The laboratory faculty and staff are multidisciplinary and include faculty from Orthopaedics, Microbiology and Immunology, Pathology, Chemistry, and Statistics. Graduate students from the university's Health Sciences Center collaborate with orthopaedic surgeons and bioengineers on MS and PhD research topics. The lab is situated within the Department of Orthopaedics at WVU and provides support to orthopaedic residents in research projects, both basic science and clinical. The lab is well equipped and encourages multidisciplinary musculoskeletal research between various departments in the Health Sciences Center.

WVU ORTHO IN OUTER SPACE



In collaboration with the National Aeronautics and Space Administration (NASA), the United States Army Center for Environmental Health Research (USACEHR), and the Walter Reed Army Institute of Research (WRAIR), Dr. Jonathan Boyd is taking WVU Orthopaedics to outer space! In 2019, Dr. Boyd collaborated with NASA and partners to write standard operating procedures for the proposed studies at the International Space Station (ISS). These included methods for husbandry, surgery, and necropsy of the models. These procedures were approved in early 2020. Additionally, he experimentally measured inflammation markers in tissues from models in the control group.

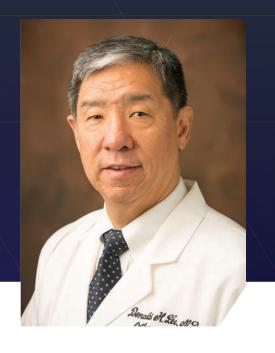
This mission has been in the works for several years; slated for 2021, the proposed models on the ISS will undergo femur fracture and fixation and will be allowed to heal for six weeks. Along with several controls on Earth and in space, Dr. Boyd will perform inflammasome and proteomic analyses on complete lower extremities. Simultaneously, the USACEHR and WRAIR will investigate the genomic and metabolomic changes to allow the team to develop a complete biomolecular understanding of the impacts of injuries and wound healing in a space environment. In the future, it is expected that injuries will occur on space missions and this early work will be used to inform additional planned studies. These studies will include treatment strategies to enhance recovery and rehabilitation.

These study efforts were made possible through a Cooperative Research and Development Agreement (CRADA) between Dr. Boyd and USACEHR.

RESEARCH RESIDENT RESEARCH SYMPOSIUM

May 10, 2019 RESIDENT RESEARCH SYMPOSIUM

Visiting Professor Donald H. Lee, MD



Dr. Lee attended college at Georgetown University in Washington, DC; he went to medical school at West Virginia University. After graduating, he completed an internship in general surgery at George Washington University Hospital followed by orthopedic surgery residency at the same university. He was a visiting fellow at the National Institutes of Health and completed a hand fellowship at Columbia-Presbyterian Medical Center in New York, NY. Since completing fellowship, Dr. Lee has worked at the University of Alabama at Birmingham before joining Vanderbilt University as a full professor in 2005. He has extensive committee experience and is a reviewer for several journals. He has a strong interest in research and has published in many different areas of the upper extremity.

RESEARCH

2019 ACTIVE GRANTS: FACULTY

Jonathan Boyd PhD

- Title: Neuroinflammation-related Phosphoprotein Signaling Pathways as Potential Therapeutic Targets for GWI using an Established Model Source: US DoD – Defense Health Agency
- Title: Future Fieldable Mass Spectrometry for Stress Biomarkers
 Source: Zeteo Tech. LLC

Scott D. Daffner MD

- Title: A Phase 2b, Randomized, Double-Blind, Placebo-Controlled Study to Evaluate the Safety and Efficacy of Staphylococcus Aureus 4-Antigen Vaccine (SA4Ag) in Adults Undergoing Elective Posterior Instrumented Spinal Fusion Procedures Source: Pfizer Pharmaceutical
- Title: A Prospective Study of OsteoAMP in Posterolateral Spinal Fusion: Patient Outcomes and Use in Clinical Practice Source: Bioventus, LLC
- Title: M6-C Artificial Cervical Disc IDE Pivotal Study Source: Spinal Kinetics

Matthew J. Dietz MD

- Title: Relationship of Biomarkers and Fluorescence in Prosthetic Knee Infections Source: US DHHS-NIH-National Institute of Arthritis, Musculoskeletal & Skin Diseases
- Title: Preclinical Assessment of an Active Antibiotic Spacer Source: West Virginia Clinical and Translational Science Institute
- Title: WVCTSI Research Scholar Program Source: West Virginia Clinical and Translational Science Institute

John C. France MD

 Title: Thoracolumbar Burst Fractures (AOSpine A3, A4) in Neurologically Intact Patients: An Observational, Multicenter Cohort Study Comparing Surgical Versus Non-Surgical Treatment Source: AO Research Foundation

Benjamin M. Frye MD

• Title: Fellowship in Adult Reconstruction Source: OMeGA Medical Grants Association

David F. Hubbard MD

- Title: Fixation Using Alternative Implants for the Treatment of Hip Fractures Source: McMaster University
- Title: A Prospective, Randomized, Multicenter Controlled Trial of CERAMENT™|G as Part of Surgical Repair of Open Diaphyseal Tibial Fractures Source: BONE SUPPORT AB

Dina Jones PT, PhD

- Title: A Randomized Controlled Trial of a Community-Based Chronic Pain Self-Management Program in West Virginia (PRC-SIP 17-001) Source: US DHHS – CDC - National Center for Chronic Disease Prevention and Health Promotion
- Title: Use of Tele-Exercise as an Alternative Delivery Channel for Translating an Evidence-Based Fall-Prevention Program into Practice for Older Adults in West Virginia Source: CDC National Center for Injury Prevention and Control

Bingyun Li PhD

- Title: Unique Nanotechnology Converts Carbon Dioxide to Valuable Products
- Source: US DoE Department of Energy
- Title: Innovative Nano-Hybrids with Controlled Drug Release for Bone Regeneration Source: US DoD – Defense Health Agency
- Title: Innovative Implant Nanocoatings with Controlled Dual Drug Release for Bone Regeneration Source: US DoD – Secretary of Defense
- Title: 3D Printed Nanoclay Enhanced Calcium Phosphate Ceramic Composite Source: University of California at San Francisco
- Title: Targeting Intracellular Bacteria of Chronic Infections Source: WVU PSCoR – West Virginia University

Brock A. Lindsey MD

- Title: A Prospective, Post-Market, Multi-Center Study of Tritanium Acetabular Shell Source: Stryker
- Title: A Longitudinal Multicenter Study of Robotic-Arm Assisted THA: Acetabular Cup Placement Accuracy and Clinical Outcomes Source: Stryker
- Title: Delineating Mechanisms of Checkpoint Blockade Failure While Manipulating MDSC's as a Treatment to this Conundrum Source: Musculoskeletal Tumor Society / Sarcoma Strong Foundation
- Title: Comparative Effectiveness of Pulmonary Embolism Prevention after Hip and Knee Replacement (PEPPER): Balancing Safety and Effectiveness Source: Dartmouth College/Medical University of South Carolina

Ming Pei MD, PhD

- Title: Decellularized Matrix and Cartilage Regeneration Source: US DHHS – NIH – National Institute of Arthritis, Musculoskeletal, and Skin Disease
- Title: Allogeneic Matrix Mediated Cartilage Reconstruction Source: Musculoskeletal Transplant Foundation

RESEARCH 2019 PUBLICATIONS: ORTHOPAEDICS

- FAITH-2 Investigators (includes Bal GK, Bramer MA, Daffner SD, Dietz MJ, Frye BM, Hubbard DF, Lindsey BA, Lubicky J, McDonough EB, Murphy TR), Slobogean GP, Sprague S, et al. Fixation using alternative implants for the treatment of hip fractures (FAITH-2): design and rationale for a pilot multi-centre 2 × 2 factorial randomized controlled trial in young femoral neck fracture patients. *Pilot Feasibility Stud.* 2019;5:70. Published 2019 May 28. doi:10.1186/s40814-019-0458-x PMID: 31161044
- Boukhemis K, Perez M, Olness E, Hensley JL, Lindstrom J, **McDonough EB**, **Bal GK**. Prospective Evaluation of Cognitive Outcomes After Anesthesia for Patients in the Beach Chair Position. *Orthopedics*. 2020;43(1):e27-e30. doi:10.3928/01477447-20191031-09 PMID: 31693746
- Shubert DJ, Shepet KH, Kerns AF, **Bramer MA**. Postoperative chest radiograph after open reduction internal fixation of clavicle fractures: a necessary practice? J Shoulder Elbow Surg. 2019;28(5):e131-e136. doi:10.1016/j.jse.2018.09.016 PMID: 30509608
- Cui S, Daffner SD, France JC, Emery SE. The Effects of Perioperative Corticosteroids on Dysphagia Following Surgical Procedures Involving the Anterior Cervical Spine: A Prospective, Randomized, Controlled, Double-Blinded Clinical Trial. J Bone Joint Surg Am. 2019;101(22):2007-2014. doi:10.2106/JBJS.19.00198 PMID: 31764363
- Daffner SD, Kim DH, Radcliff KE, Smith HE. Avoiding and Managing Complications in Routine Lumbar Spine Surgery. Instr Course Lect. 2019;68:305-316. PMID: 32032069
- Robinson WA, Carlson BC, Poppendeck H, Wanderman NR, Bunta AD, Murphy S, Sietsema DL, **Daffner SD**, Edwards BJ, Watts NB, Tosi LL, Anderson PA, Freedman BA. Osteoporosis-related Vertebral Fragility Fractures: A Review and Analysis of the American Orthopaedic Association's Own the Bone Database. Spine (Phila Pa 1976). 2020;45(8):E430-E438. doi:10.1097/ BRS.00000000003324 PMID: 31770343
- Dietz MJ, Klein AE, Lindsey BA, Duncan ST, Eicher JM, Gillig JD, Smith BR, Steele GD. Posterior Hip Precautions Do Not Impact Early Recovery in Total Hip Arthroplasty: A Multicenter, Randomized, Controlled Study. J Arthroplasty. 2019;34(7S):S221-S227.e1. doi:10.1016/j.arth.2019.02.057 PMID: 30975478
- Kang J, Dietz MJ, Li B. Antimicrobial peptide LL-37 is bactericidal against Staphylococcus aureus biofilms.
 PLoS One. 2019;14(6):e0216676. Published 2019 Jun 6. doi:10.1371/journal.pone.0216676 PMID: 31170191
- Kang J, **Dietz MJ**, Hughes K, Xing M, **Li B**. Silver nanoparticles present high intracellular and extracellular killing against Staphylococcus aureus. J Antimicrob Chemother. 2019;74(6):1578-1585. doi:10.1093/jac/dkz053 PMID: 30778552
- Lastinger A, McLeod N, **Dietz MJ**, Guilfoose J, Sarwari AR. Clinical Experience with Tigecycline in the Treatment of Prosthetic Joint Infections. J Bone Jt Infect. 2019;4(3):126-132. Published 2019 May 21. doi:10.7150/jbji.34866 PMID: 31192112

- Aalirezaie A, Anoushiravani A, Cashman J, Choon D, Danoff J, Dietz MD, Gold P, Schwarzkopf R, Sheehan E, Vigante D. General Assembly, Prevention, Host Risk Mitigation - Local Factors: Proceedings of International Consensus on Orthopedic Infections. J Arthroplasty. 2019;34(2S):S37-S41. doi:10.1016/j.arth.2018.09.051 PMID: 30343966
- Abouljoud MM, Backstein D, Battenberg A, **Dietz MD**, et al. Hip and Knee Section, Treatment, Surgical Technique: Proceedings of International Consensus on Orthopedic Infections [published correction appears in J Arthroplasty. 2019 Jun;34(6):1300]. J Arthroplasty. 2019;34(2S):S445-S451. doi:10.1016/j.arth.2018.09.029 PMID: 30348548
- Dietz MJ, Moushmoush O, Samora WP, Kish VL, Hamlin BR. The Effect Of Increasing Femoral Head Size On The Force Required For Dislocation. Surg Technol Int. 2019;35:426-429. PMID: 31282981
- Emery SE; Carousel Presidents. Diversity in Orthopaedic Surgery: International Perspectives: AOA Critical Issues. J Bone Joint Surg Am. 2019;101(21):e113. doi:10.2106/ JBJS.19.00355 PMID: 31693523
- Katsevman GA, **Emery E, France JC**, Sedney CL. Secondary Discitis Masquerading as Treatment Failure of Primary Discitis: Case Report and Review of the Literature. Int J Spine Surg. 2019;13(2):120-124. Published 2019 Apr 30. doi:10.14444/6016 PMID: 31131210
- McGough EL, Lin SY, Belza B, **Jones DL**, Minhui L, Wilcox S, Logsdon RG. A Scoping Review of Physical Performance Outcome Measures Used in Exercise Interventions for Older Adults With Alzheimer Disease and Related Dementias. J Geriatr Phys Ther. 2019;42(1):28-47. doi:10.1519/JPT.000000000000159 PMID: 29210934
- Lese A, Sraj S. Rural Orthopedics: Providing Orthopedic Care in Rural Communities. Orthopedics. 2019;42(4):e350-e355. doi:10.3928/01477447-20190624-01 PMID: 31323106
- Zhang S, Xing M, Li B. Recent advances in musculoskeletal local drug delivery. Acta Biomater. 2019;93:135-151. doi:10.1016/j.actbio.2019.01.043 PMID: 30685475

Members of Dr. Ming Pei's graduate research group



Helen HH, Khosrozadeh A, Li B, Luo G, Xing M, Zhong W. An eco-friendly nanocellulose/RGO/in Situ formed Polyaniline for flexible and free-standing supercapacitors. ACS Sustainable Chem Eng. 2019;7(5):4766-4776. doi: 10.1021/acssuschemeng.8b04947

- Liu T, Wang Y, Zhong W, Li B, et al. Biomedical Applications of Layer-by-Layer Self-Assembly for Cell Encapsulation: Current Status and Future Perspectives. Adv Healthc Mater. 2019;8(1):e1800939. doi:10.1002/adhm.201800939 PMID: 30511822
- Song C, Zhang X, Wang L, Wen F, Xu K, Xiong W, Li C, **Li B**, Wang Q, Xing MMQ, Qiu X. An Injectable Conductive Three-Dimensional Elastic Network by Tangled Surgical-Suture Spring for Heart Repair. ACS Nano. 2019;13(12):14122-14137. doi:10.1021/acsnano.9b06761 PMID: 31774656
- Schaeffer E, Lubicky J, Mulpuri K. AAOS Appropriate Use Criteria: The Management of Developmental Dysplasia of the Hip in Infants up to 6 Months of Age: Intended for Use by General Pediatricians and Referring Physicians. J Am Acad Orthop Surg. 2019;27(8):e364-e368. doi:10.5435/ JAAOS-D-18-00500 PMID: 30418272
- Schaeffer E, **Lubicky J**, Mulpuri K. AAOS Appropriate Use Criteria: The Management of Developmental Dysplasia of the Hip in Infants up to Six Months of Age: Intended for Use by Orthopaedic Specialists. J Am Acad Orthop Surg. 2019;27(8):e369-e372. doi:10.5435/JAAOS-D-18-00499 PMID: 30418271
- Shubert DJ, **McDonough EB**. Bilateral Medial and Lateral Patellofemoral Ligament Reconstruction in a Patient with Hypermobility Type Ehlers-Danlos Syndrome: A Case Report. JBJS Case Connect. 2019;9(3):e0359. doi:10.2106/JBJS.CC.18.00359 PMID: 31390333
- Zhou S, Fu Y, Zhang XB, **Pei M**. Liver Kinase B1 Fine-Tunes Lineage Commitment of Human Fetal Synovium-Derived Stem Cells. J Orthop Res. 2020;38(2):258-268. Epub 2019 Aug 30 doi:10.1002/jor.24449 PMID: 31429977
- Li X, Chen S, Yan L, Wang J, **Pei M**. Prospective application of stem cells to prevent post-operative skeletal fibrosis. J Orthop Res. 2019;37(6):1236-1245. doi:10.1002/jor.24266 PMID: 30835890
- Sun Y, Chen S, Zhang X, **Pei M**. Significance of Cellular Cross-Talk in Stromal Vascular Fraction of Adipose Tissue in Neovascularization. Arterioscler Thromb Vasc Biol. 2019;39(6):1034-1044. doi:10.1161/ATVBAHA.119.312425 PMID: 31018663
- Zhou S, Chen S, Jiang Q, **Pei M**. Determinants of stem cell lineage differentiation toward chondrogenesis versus adipogenesis. Cell Mol Life Sci. 2019;76(9):1653-1680. doi:10.1007/s00018-019-03017-4 PMID: 30689010
- Wang Y, Chen S, Yan Z, **Pei M**. A prospect of cell immortalization combined with matrix microenvironmental optimization strategy for tissue engineering and regeneration. Cell Biosci. 2019;9:7. Published 2019 Jan 5. doi:10.1186/s13578-018-0264-9 PMID: 30627420
- Wang Y, Fu Y, Yan Z, Zhang XB, **Pei M**. Impact of Fibronectin Knockout on Proliferation and Differentiation of Human Infrapatellar Fat Pad-Derived Stem Cells. Front Bioeng Biotechnol. 2019;7:321. Published 2019 Nov 15. doi:10.3389/fbioe.2019.00321 PMID: 31803729



Jonathan Boyd, PhD with graduate students Nicole Prince (L) and Julia Penatzer (R)

- Li J, Narayanan K, Zhang Y, Hill RC, He F, Hansen KC, **Pei M**. Role of lineage-specific matrix in stem cell chondrogenesis. Biomaterials. 2020;231:119681. Epub 2019 Dec 16. / doi:10.1016/j.biomaterials.2019.119681 PMID: 31864016
- Chen W, Chen X, Chen AC, Shi Q, Pan G, **Pei M**, et al. Melatonin restores the osteoporosis-impaired osteogenic potential of bone marrow mesenchymal stem cells by preserving SIRT1-mediated intracellular antioxidant properties. Free Radic Biol Med. 2020;146:92-106. Epub 2019 Oct 24. doi:10.1016/j.freeradbiomed.2019.10.412 PMID: 31669348
- Yan J, Chen X, Pu C, Zhao Y, Liu X, Liu T, Pan G, Lin J, **Pei M**, et al. Synovium stem cell-derived matrix enhances antiinflammatory properties of rabbit articular chondrocytes via the SIRT1 pathway. Mater Sci Eng C Mater Biol Appl. 2020;106:110286. Epub 2019 Oct 7. doi:10.1016/j. msec.2019.110286 PMID: 31753397
- Shubert DJ, **Prud'homme J, Sraj S**. Nerve Conduction Studies in Surgical Cubital Tunnel Syndrome Patients [published online ahead of print, 2019 Apr 4]. Hand (N Y). 2019;1558944719840750. doi:10.1177/1558944719840750 PMID: 30947553
- Conti ADB, **Santrock RD**. Unipolar Osteochondral Allograft Transplantation of the Ankle for Posttraumatic Tibial Necrosis: A Case Report. J Foot Ankle Surg. 2019;58(6):1262-1266. doi:10.1053/j.jfas.2019.03.008 PMID: 31679679
- Ray JJ, Koay J, Dayton PD, Hatch DJ, Smith B, **Santrock RD**. Multicenter Early Radiographic Outcomes of Triplanar Tarsometatarsal Arthrodesis With Early Weightbearing. Foot Ankle Int. 2019;40(8):955-960. doi:10.1177/1071100719847700 PMID: 31056950
- Dayton P, **Santrock R**, Kauwe M, et al. Progression of Healing on Serial Radiographs Following First Ray Arthrodesis in the Foot Using a Biplanar Plating Technique Without Compression. J Foot Ankle Surg. 2019;58(3):427-433. doi:10.1053/j.jfas.2018.09.001 PMID: 30803912
- Sraj S. Carpal Tunnel Release With Wide Awake Local Anesthesia and No Tourniquet: With Versus Without Epinephrine [published online ahead of print, 2019 Dec 7]. Hand (N Y). 2019;1558944719890038. doi:10.1177/1558944719890038 PMID: 31813286
- Sraj S. Narcotic-Free, Over-the-Counter Pain Management After Wide-Awake Hand Surgery. J Am Acad Orthop Surg Glob Res Rev. 2019;3(11):e19.00137. Published 2019 Nov 4. doi:10.5435/JAAOSGlobal-D-19-00137 PMID: 31875192



The growth and success of our clinical and research programs need investment for us to compete on the national stage. Please consider a gift to the Department of Orthopaedics for our WVU Foundation accounts. We utilize these funds for resident and faculty educational and research activities.

If you would like to designate a specific area for your gift, here are some suggestions:

- 1. Resident Research and Education
- 2. Faculty Research
- 3. Chair's Discretion

Credit card donations can be made directly online at give.wvu.edu/Orthopaedics.

If you choose to donate by check, please use the attached envelope for your convenience.

Any gift makes an impact. Thank you very much for your consideration.

Yours truly,

anford E Emery MD

Sanford E. Emery MD, MBA

Professor and Chairman, Department of Orthopaedics, West Virginia University

Director of Surgical Services, WVU Medicine



PO Box 9083 Morgantown, WV 26506-9083

Non Profit Organization US Postage PAID Permit No. 108 Morgantown, WV 26506-9083

ORTHOPAEDIC LOCATIONS

PHYSICIAN OFFICE CENTER

1 Medical Center Drive Morgantown, WV 26505

CLINICS:

- WVU ORTHOPAEDICS

WVU MEDICINE OUTPATIENT **CENTER: FAIRMONT**

100 Stoney Hill Road Fairmont, WV 26554

CLINICS: - WVU ORTHOPAEDICS

WVU MEDICINE OUTPATIENT **CENTER: WAYNESBURG**

451 Murtha Drive Waynesburg, PA 15370

WVU SPINE CENTER

943 Maple Drive Morgantown, WV 26505

WVU MEDICINE UNIVERSITY TOWN CENTRE

6040 University Town Centre Drive Morgantown, WV 26501

CLINICS:

- WVU MEDICINE SPORTS MEDICINE CENTER
- CENTER FOR JOINT REPLACEMENT AT WVU MEDICINE

Patients can call 855-WVU-CARE to schedule an appointment at any of our locations.

WVUMedicine.org // medicine.hsc.wvu.edu/ortho