

PLASTIC SURGERY GOALS AND OBJECTIVES (PGY1-5)

GOALS

Through rotation on the plastic surgery service, residents shall attain the following goals:

I. Patient Care

A. Preoperative Care Setting: outpatient clinic and inpatient service (primary and consultation)

Residents will evaluate and develop a plan of care for preoperative patients with plastic surgery conditions. The plan shall include any intervention(s) that will successfully prepare a patient for surgery

- i) The resident will perform complete and detailed history and physical examinations of patients being considered for elective as well as urgent/emergent surgery (PGY 1-6)
- ii) The resident will learn to obtain and interpret laboratory and radiologic tests that are appropriate for the condition being treated and/or the procedure being planned (PGY 1-6)
- iii) The resident will demonstrate an understanding of the principles of preoperative patient selection, evaluating patient goals/expectations, and optimization (ie cardiopulmonary risk assessment; nutritional status; special considerations such as thrombophilias/bleeding disorders, steroid dependent patients, smoking, timing of surgery with multiple comorbidities, and potentially emergent issue, etc...) (PGY 2-6)
- iv) The resident will participate in the informed consent process for patients being scheduled for elective and urgent/emergent procedures or surgeries. The informed consent process includes identifying and reviewing with the patient the risks, benefits, and alternatives of the planned intervention (PGY 1-6)

B. Operative Care Setting: 5N and 2W

Prior to arriving in the operating room, the resident should have reviewed the case. This includes reviewing PMH, PMS, allergies, imaging, physical exam, AND discussing the operative approach with the attending. The following are a list of essential common operations that the resident(s) can be expected to have exposure to by the completion of their plastic surgery rotation:

- Split thickness skin graft (PGY 1,2)

- Full thickness skin graft (PGY 1-3)
- Breast reduction or Mastopexy (PGY 1-3)
- Cosmetic injections (PGY 1-3)
- Resection of skin/soft tissue neoplasm (PGY 1-3)
- Reconstruction of skin defects, (Complex closure, Local rotational flaps) (PGY 1-3)
- Treatment of Facial and Hand trauma (Bony, Soft Tissue, Nerve, Vessel)) (PGY 2-4)
- Breast reconstruction (Implant based, oncoplastic) (PGY 2-4)
- Debridement and management of wounds/ulcers(PGY 1-3)
- Management of hand infections (PGY 2-4)
- Post bariatric body contouring (Panniculectomy, abdominoplasty, thighplasty, brachioplasty) (PGY 2-4)

The following are a list of the complex operations that the resident(s) can be expected to have exposure to by the completion of their surgical oncology rotation:

- Free flaps (PGY 4-6)
- Vascular pedicled flaps (PGY 4-6)
- Nerve graft (PGY 4-6)
- Congenital deformity treatment (Cleft, Craniofacial, Vascular, Hand, Ear) (PGY 4-6)

C. Postoperative Care Setting: outpatient surgery center, inpatient floor, outpatient clinic

Residents shall develop and follow through with a plan of care for the post-operative plastic surgery patient. This plan includes flap monitoring, wound care management, pressure offloading, anticoagulation, antiplatelet therapy, smoking cessation, multimodal pain control; fluid and electrolyte management; the identification and treatment of common post-operative complications including bleeding, infection, ischemia/flap compromise, thromboembolism (among others); identification of discharge appropriate patients and coordination of care as they transition back to home following their surgery/procedure.

1. Outpatient surgery center

- A) The resident will follow up on any and all pertinent post-operative tests, imaging studies prior to discharging a plastic surgery patient who has undergone an elective, same day procedure (PGY 1-6)
- B) The resident will successfully choose a multimodal oral analgesic home regimen that will adequately manage a plastic patient's pain who has undergone an elective, same day procedure (PGY 1-6)
- C) The resident will successfully complete and review with the plastic surgery patient who has undergone an elective, same day procedure the

patient's discharge instructions. Key points will include activity restrictions, new medications, wound care/drain instructions, bathing instructions, and reconciliation of the patient's medication list (PGY 1-6)

D) The resident will successfully coordinate appropriate surgical follow up, which may include internal medicine, smoking cessation, physical therapy, and other team members in addition to with the surgeon (PGY 1-6)

2. Inpatient floor

A) The resident team is expected to make morning rounds on the inpatient patient list (including the consult service) prior to the start of the day's activities (OR cases, clinic) (PGY 1-6)

B) After rounds, the chief resident on service is expected to delegate attending updates on all patients, including consults. Common issues to be discussed should include vital signs (including pain control), Is/Os, physical exam findings, wound/flap issues, daily labs, medication review, consultant recommendations. The daily plan will generally consist of identifying emergencies, identifying possible discharge appropriate patients, wound management, activity plans, advancement of diet, repletion of electrolyte abnormalities, adjustment of medications, drain and tube management, need for diagnostic tests to be ordered or new consults to be called. (PGY 5,6)

C) The resident team will divide the work for the day in such a manner that it will be performed as efficiently as possible. Priority should be given to obtaining and following up on important studies expeditiously, wound dressing changes, as well as discharges. The goal for all discharges is out the day by noon (PGY 1-6)

D) The intern or junior resident should provide as close to real time updates as possible with changes in patient's condition, new consults, results of important tests to the chief resident who can then relay the information to the attending of record. During work hours, this is the most relevant and available specialist. At night/weekends this should be directed to the on-call attending. (PGY 1-3)

3. Out-patient clinic

A) When circumstance allows, residents will see patient on whom they performed surgery for their 1st outpatient post-operative follow up visit. This will provide for continuity of care that will allow the resident to gain an understanding of the anticipated normal recovery from the various essential common and complex operations as well as gain experience in identifying instances in which deviation from the norm is occurring as how such instances are approached/managed (PGY 1-6)

B) Residents will see plastic pre- and post-op patients. This experience will provide the resident with an initial exposure to the ongoing care of plastic surgery conditions throughout the disease process (PGY 1-6)

C) All residents are expected to be in clinic if they are not in the operating room unless there is an emergency that cannot be handled by our advanced practice providers/fellows. (PGY 1-6)

II. Medical Knowledge

Resident fund of knowledge as it relates to plastic surgery will be expanded through a variety of means, some of which are structured and others of which require independent initiative from the residents who are rotating on the service. These include: 1) Conferences, 2) Journal club 3) Assigned readings 4) TWIS quizzes 5) Cadaver Labs

1. Conferences

A) Residents are expected to attend weekly general surgery Wednesday morning morbidity and mortality conference. Complications from the plastic surgery service are to be presented by the resident who was involved in the case in front of a group of their peers as well as the surgical faculty at large. If no general surgery residency didactics are planned, residents can attend plastic surgery M&M, which is also held on Wednesday mornings. This conference will give residents an opportunity to think critically about specific steps in the preoperative workup, operative conduct and/or post-operative care of patients who have experienced a plastic surgery complication and identify opportunities for alternative decisions in similar, future cases that may lead to improved outcomes. Evidenced based practice patterns should be emphasized when applicable (PGY 1-6)

2. Journal Club: If no general surgery residency didactics are planned, residents can attend plastic surgery journal club. A yearly curriculum of high yield topics will be formulated by the faculty. (PGY1-6)

3. Assigned Readings: Residents will cover various plastics topics, among others, as part of their assigned weekly reading curriculum through the program at large. The SCORE curriculum is the chosen curriculum for the general surgery residency. Plastic faculty all participate in leading didactic discussion(s) at Wednesday morning education conference at different points in the year when appropriate topics are the assigned topic for the week. Additionally, residents are encouraged to educate themselves upon the scientific information relating to plastics. The recommended text is Grabb and Smith's Plastic Surgery. (PGY 1-6)

4. TWIS Quizzes: Residents are expected to complete TWIS quizzes that are outlined in the program curriculum. Areas of deficiency as defined by their performance on the TWIS quizzes should serve as the focus for future study plans. (PGY 1-6)

5. Residents are required at cadaver labs. These are at the beginning of the year and then there are guest instructors throughout the year. (PGY 1-6)

III. Practice-based Learning

Residents are expected to engage in critical self-review as it relates to the cases in which they participate, whether it be in the operating room, on the wards or in the outpatient setting.

1. Morbidity & Mortality Conference – Discussion should center on an evidence based discussion of quality improvement (PGY 1-6)
2. Residents shall keep logs of their cases and track their operative proficiency as gauged by whether they assisted or were the surgeon junior or senior or teaching assistant (PGY 1-6)
3. Residents should request operative evaluations – in the form of online performance review on the SIMPL app to attendings with whom they have performed cases so that they can be filled out and placed into said resident's Clinical Competency Committee (CCC) folder (PGY 1-6)
4. Residents shall familiarize themselves with evidence based guidelines specific for the plastic surgery patient population, such as nutrition, pressure relief, smoking cessation, ambulation, wound specific medications (steroids) (PGY 1-6).

IV. Interpersonal and Communication Skills

The plastic surgery service provides unique opportunities for residents to develop their interpersonal and communication skills, both in the context of physician to patient interactions as well as in interactions as part of the health care delivery team.

- A) Residents will be given the opportunity to observe (PGY 1) and eventually participate in (PGY 4-6) the process of delivering bad news to patients and their families/friends. These opportunities exist in the outpatient as well as the inpatient setting and arise in the context of discussing pathology reports, diagnostic findings, prognosis, and poor surgical candidacy for elective plastic surgery procedures (among others)
- B) Residents will also be called upon to communicate the daily plan and progress of patients admitted to the hospital to patients, their family and the entire healthcare team involved in the care of that particular patient. The healthcare team will include APPs, nurses, therapists,

social work, nutrition, and other physicians serving as consultants (PGY 1-6)

- C) Residents shall learn to document their practice activities in such a manner that is clear, concise and in accordance with the standards of medicolegal documentation (PGY 1-6)
- D) Residents shall participate in the informed consent process for patients being scheduled for elective and emergent/urgent procedures or surgery (PGY 1-6)
- E) Residents shall learn to give and receive detailed sign-out to facilitate continuity of care during handoffs (PGY 1-6)

V. Professionalism

The plastic surgery rotation offers many opportunities for residents to hone their skills as they relate to professionalism.

- A) Residents will have opportunities to learn how to be honest and sincere with patients. Examples include breaking bad news and explaining surgical complications (PGY 1-6)
- B) Residents shall demonstrate a commitment to the continuity of care of a patient within the confines of the 80-hour duty restrictions (PGY 1-6)
- C) Residents shall learn to maintain patient confidentiality (PGY1-6)
- D) Residents will learn the importance of accurate medical documentation (PGY1-6)
- E) Residents will be expected to adhere to the hospital's code of professional conduct as it relates to appearance and dress (PGY 1-6)
- F) Residents will be expected to be punctual and prepared for all cases, clinics, and conferences that they are participating in on any given day. If they are unable to be on time due to patient emergencies, that should be communicated to the team (PGY 1-6)

VI. Systems-based practice

The plastic surgery rotation provides residents with inpatient and outpatient opportunities to grow within the systems based practice core competency.

- A) Residents will learn to practice high quality cost effective, evidence based patient care. This knowledge will be gained through participation in the conferences listed above in the medical knowledge competency and include the M&M, cadaver labs, journal clubs, weekly conference, and journal clubs (see discussion about each of these above) (PGY 1-6)
- B) Residents will be educated about and held accountable for compliance with the surgical care improvement project (SCIP) standards as they relate to the perioperative care of plastic surgery patients and include

but are not limited to reducing surgical site infection(s) through the appropriate use and choice of perioperative antibiotics; eliminating or reducing catheter associated urinary infections by early removal of indwelling catheters from post-operative patients (PGY 1-6)

- C) Residents will be educated about the National Surgical Quality Improvement Project (NSQIP) measures and outcomes and how they relate to the changing landscape of reimbursement patterns for individual providers and hospital systems at large (PGY 1-6)
- D) Residents will be educated on the multidisciplinary role of plastic surgery care and expected to be able to communicate with those teams to optimize care (PGY 1-6)