

Nield's Notes

January 2026

Happy New Year!

AAMC Choose Your Medical School Tool and Deadlines

Pay close attention to every message sent from us and the AAMC about the “AMCAS Choose Your Medical School” tool which will be activated soon. Every student, even Early Decision students, must use the tool to indicate where they will matriculate.

- The “Plan to Enroll” option becomes available on Feb 19, 2026, and everyone is encouraged to follow the AMCAS instructions about how to “Plan to Enroll” to WVU SoM.
- The “Commit to Enroll” option becomes available on April 30, 2026. We have strict deadlines for all students to “Commit to Enroll” to WVU SoM as follows:
 - The Commit to Enroll deadline for MD students is May 31, 2026.
 - The Commit to Enroll deadline for MD/PhD students is May 1, 2026.

Our Class must be finalized by May 31, 2026, as our first graded assignment is released to the Class on June 1, 2026.

If you have multiple accepts and know now that you will not attend WVU SoM

Our Team wishes you all the best and asks that you please complete our withdrawal form linked in this email. Prompt withdrawal allows us to accept a waitlisted student who is anxiously waiting for a call!

Attend a WVU SoM lecture!

You are invited to attend an in-person lecture on “Neuroradiology” on **February 20, 2026**, at 11:00 am ET. The lecture will be held in person at the Health Science Center. Please email [Chrissi Baker](mailto:Chrissi.Baker@wvu.edu) by **February 1, 2026**, if you plan to attend.

Attend our Second Look Event!

Second Look Event on **April 11, 2026**. More information to follow.

RURAL TRACK Information

WEBSITE: <https://medicine.wvu.edu/rural-track-program/>

HOW DO I APPLY? <https://medicine.wvu.edu/rural-track-program/application/>

QUESTIONS? Please email [Health Hanks](mailto:Health.Hanks@wvu.edu)

CULINARY and LIFESTYLE MEDICINE TRACK Information

Read about our unique Culinary and Lifestyle Medicine Track which was nationally recognized by the Association of American Medical Colleges at this link:

<https://www.aamc.org/news/medical-schools-focus-prevention-well-treatment-disease>

World Class research being done at WVU!

If you are not familiar with the WVU Rockefeller Neuroscience Institute, please visit this link <https://rni.wvumedicine.org/newsroom/>. As students, you will be able to interact and learn from world-class experts and participate in research at our R1 university.

HELPFUL SOCIAL MEDIA SITES

- Instagram: https://www.instagram.com/instapylons_wvumedstudents/?hl=en
- E-Pylons WVU Medical Students: <https://www.facebook.com/EPylonsWVUMedicalStudents>
- Facebook: WVU SOM CLASS of 2030 <https://www.facebook.com/share/g/1ByxWf8jor/?mibextid=wwXIfr>
- GroupMe: https://groupme.com/join_group/112111757/iUj5pKix

Do not hesitate to reach out with questions. Thank you for reading and staying updated.

Sincerely,

Linda S. Nield, MD

Associate Dean for Admissions